

## △ What is PQtap?

It is a British designed app to record the flow and volume of your pee on an ongoing basis.

### △ Do I need a particular mobile device?

You will need a smartphone (or tablet) that enables you to download and view apps.

#### Is it available on IOS and Android?

Yes, it is. Simply search for PQtap.

### △ How do I contact you if I have a suggestion, an issue, or further questions?

E-mail info@pqtap.com and we will get back to you as quickly as possible.

# △ What equipment do I need?

All you need is a smartphone to download the PQtap app and a suitable measuring jug.

### △ What type of jug is best?

You need a transparent jug and it is essential that it is marked in 50ml increments. You need to be able to see these measurements as you pee. Some people use a kitchen jug and simply mark the 50ml increments on the outside using a permanent marker. Others choose to purchase a jug that can be viewed from above or with large digits.

#### △ Is it safe?

Yes, it is completely safe. You only pee into a jug while using the app.

### △ How is PQtap different to other similar apps?

Other apps focus on volume. This app also provides volume data, but the focus is on flow.

# △ Who uses PQtap?

Anyone with a medical condition that requires their urine flow rate to be monitored.

## △ How can I share the information with my clinician?

You can show your clinician on your phone screen when you meet, you can save the charts as a screenshot on your camera roll, or you can securely email the details via the app.

# △ Why don't I just do all this when I have an appointment at the clinic?

By doing this at home it is more convenient and comfortable for you. You do it when it suits you and over a period of time you build up some very useful data for your clinician. At the clinic it is ondemand, provides one-off data and it is more impersonal.

## △ Are my personal details safe?

Yes. We do not store your information. That is kept on your phone and you choose who can see these details.

