# Your PQtap

## What is PQtap?

It is an app to monitor the flow and volume of your pee. This data then be used by your clinician to help with your treatment. Watch the inapp video to learn more.



# Why use PQtap?

It is simple and inexpensive to use but provides useful information. It gives you control of the process and the ability to see the data produced.

#### What do I need?

All you need is a smartphone to download the PQtap app and a suitable measuring jug





## What do I need to do?



1 Download the app (Android or iOS) by searching for PQtap



3 Record and share the information with your clinician as agreed



2 Pee in the jug (marked in 50ml increments) while following the simple 'tap' instructions on the app



4 Meet regularly with your clinician to discuss your treatment and progress

## Who can help me if I have any questions?



For medical queries please contact your clinician



For queries about the app email info@pqtap.com



Visit www.pqtap.com

